

# American Football

A Reading A-Z Level H Leveled Book  
Word Count: 231

## Connections

### Writing

Create a new team. Choose the team's city, name, and colors. Write a letter to fans announcing your new team.

### Math

An American football field is 100 yards (91 m) long. Work with your class to find out how many feet long the field is. If your classmates all lay across a field head to toe, would you all fit? Draw a picture showing your results.

LEVELED BOOK • H

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Written by Curtis Thomas

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## Focus Question

Why is American football a fun sport for fans and players?

## Words to Know

end zone

sport

goalposts

tackle

score

teams

Front and back cover: The Oakland Raiders play the Tennessee Titans in Oakland, California, in 2003.

Title page: College football players are about to start a play. The sport is popular in colleges across the United States.

Page 3: A Detroit player catches a touchdown pass in a game between Detroit and Tampa Bay.

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Spectacular Sports  
Level H Leveled Book  
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## Correlation

### LEVEL H

Fountas & Pinnell	H
Reading Recovery	13-14
DRA	14



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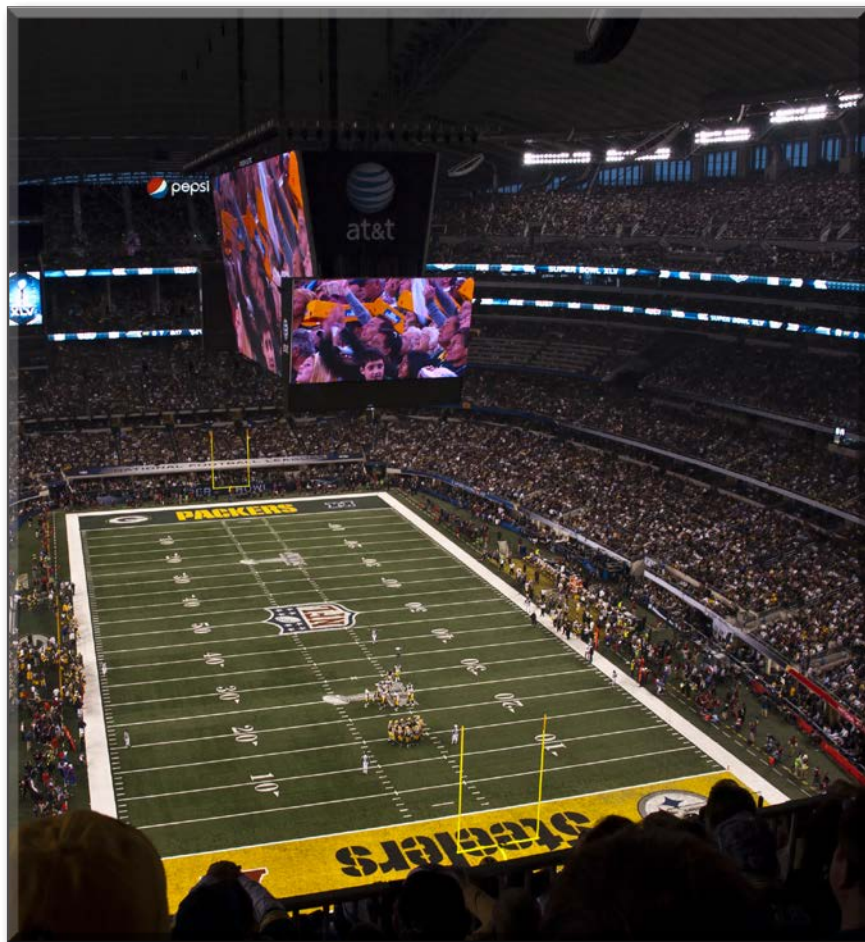
A football player is ready to pass the ball.

## An Exciting Sport

American football is a sport.

It is fun to play.





Many people go to each Super Bowl game. Many others watch the game on TV.

## Football Teams

Many American cities and schools have football teams.

The Super Bowl is the biggest football game.



## Football Around the World

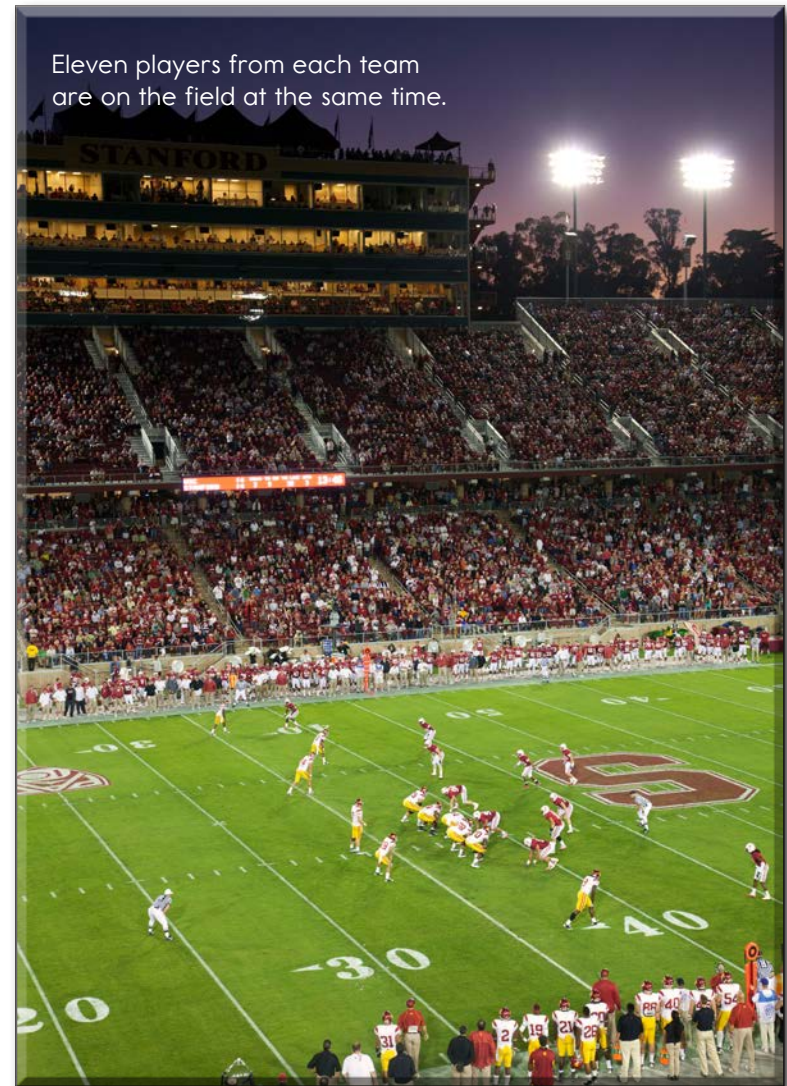
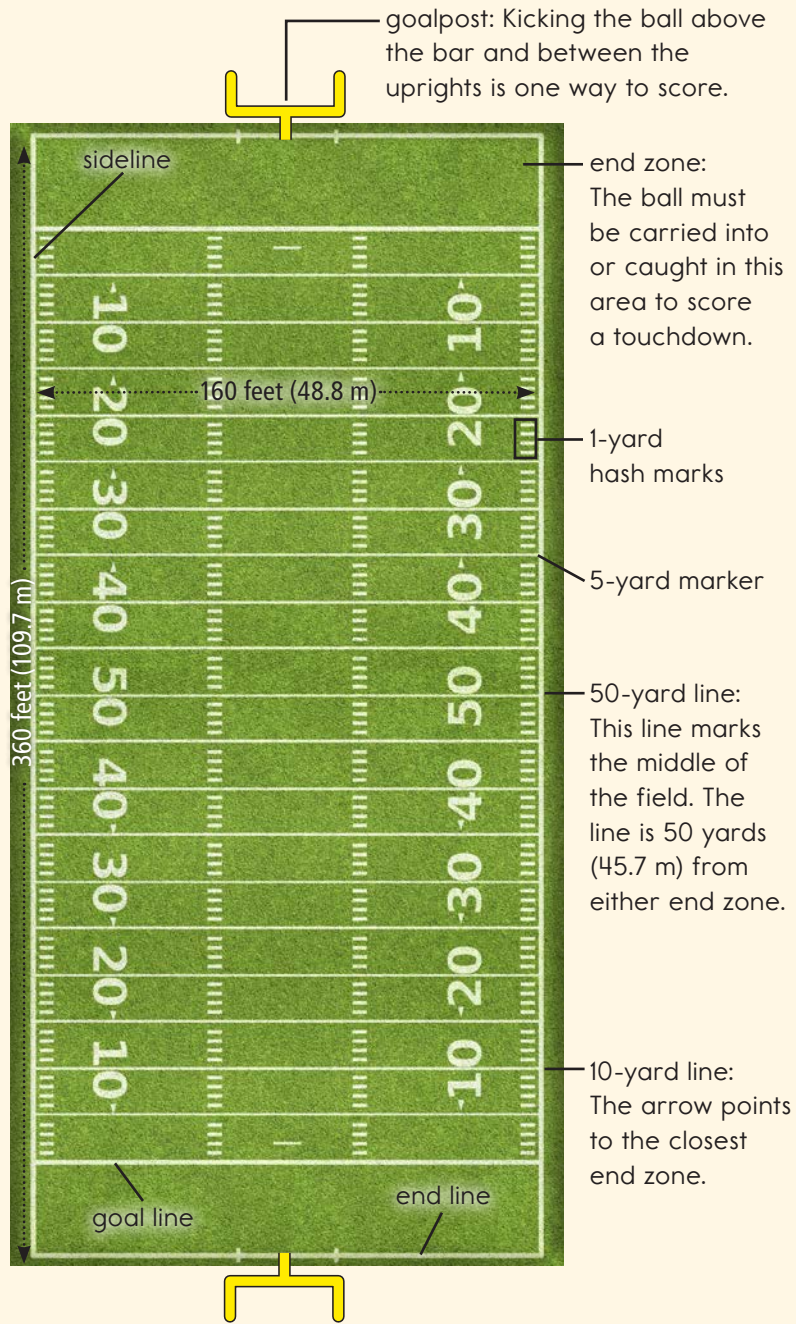
People play American football in many countries.



A team from Germany (with the ball) is about to start a play against a team from Sweden.



## American Football Field



## Playing the Game

Football teams try to **score** points. They try to stop the other team from getting points.





Each end of the field has an **end zone**.

Players try to get the ball into the end zone.

They can run with the ball.



In American football, throwing is called *passing* (top). To score a touchdown, a player carries or catches the ball in the end zone (bottom).

Players can also throw or hand the ball to a player on their team.

If a player with the ball reaches the end zone, it is a touchdown.

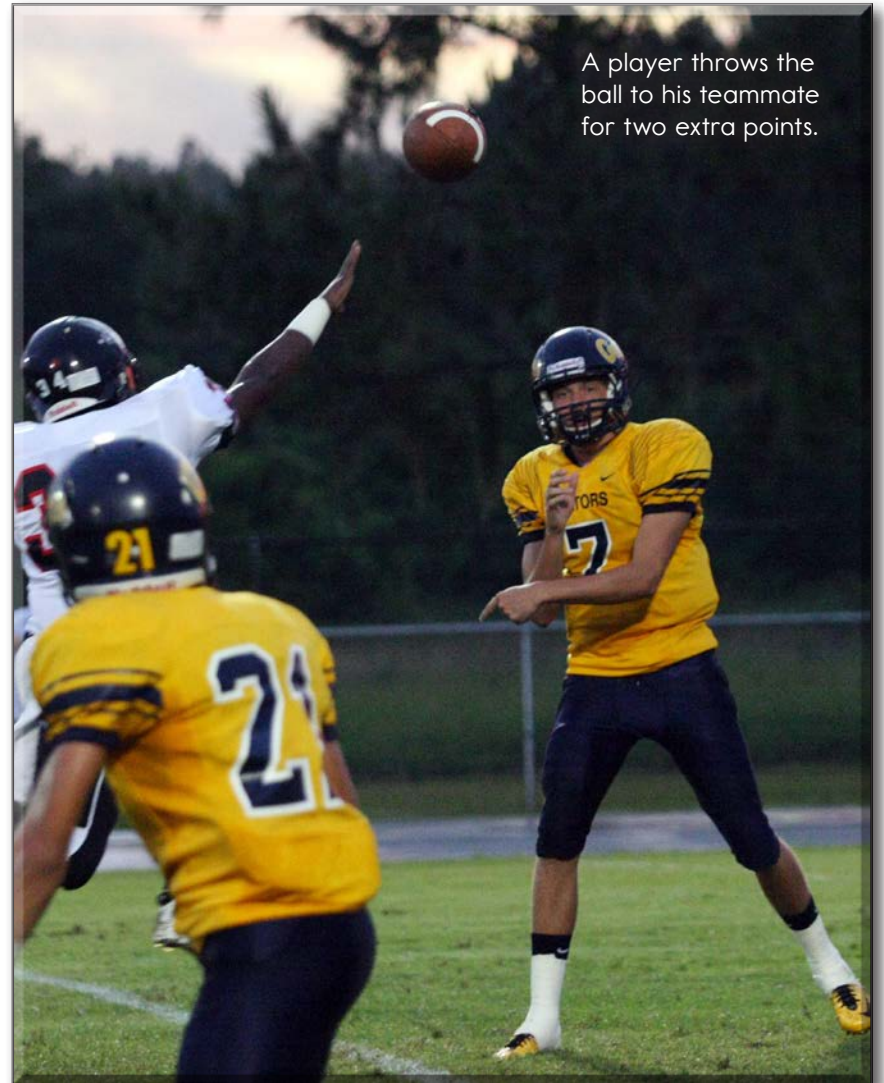
They score six points with each touchdown.





One player holds the ball, and another kicks the ball to try to make an extra point.

After a touchdown, the team can try to score one or two extra points. If the team kicks the ball between the **goalposts**, the team scores one extra point.



A player throws the ball to his teammate for two extra points.

The team can also run with the ball or pass it into the end zone. If they do, they score two extra points.





The player in white tackles the player with the ball.

The other team tries to stop players with the ball. They **tackle** them to stop them.



A player on one team (blue) tries to grab the ball away from a player on another team (white).

The other team also tries to take the ball from the team with the ball.

If they do, they can run with the ball to try to make a touchdown.





Football fans dress up in their team colors to show their support.

## Football Fans

Some football fans paint their faces. Other fans dress in the colors of their team. Football is a fun sport for fans and players.

## Glossary

- end zone** (n.) the area at the end of an American football field between the goal line and the end line (p. 9)
- goalposts** (n.) upright poles that form a goal in many sports, such as American football, hockey, and soccer (p. 11)
- score** (v.) to get points in a game or contest (p. 8)
- sport** (n.) a game or contest that requires skill and physical exercise (p. 4)
- tackle** (v.) to grab and stop someone and throw him or her to the ground (p. 13)
- teams** (n.) groups of players on different sides in a sport or other game (p. 5)